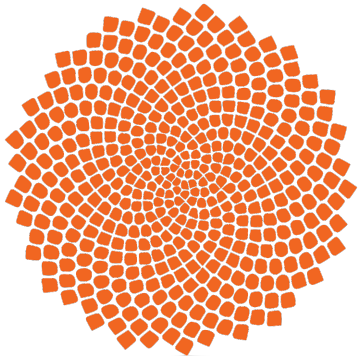
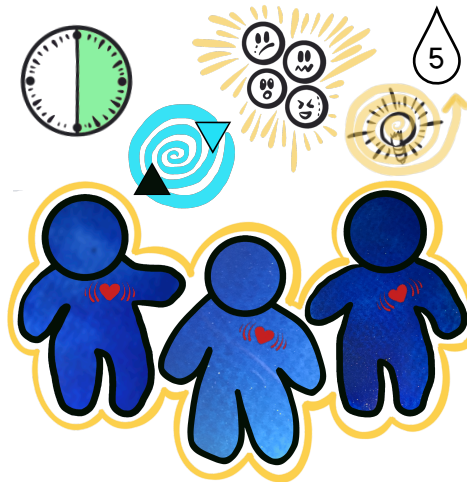


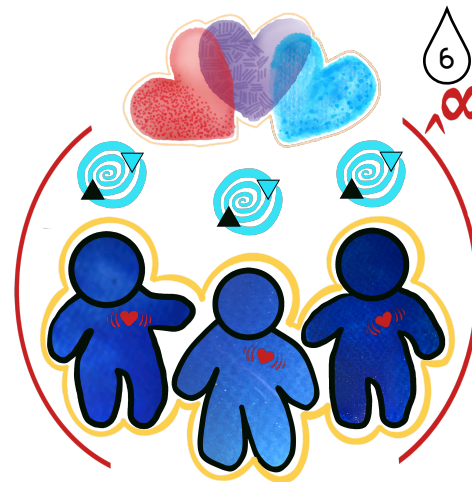


Sustaining All Life

-  SustainingAllLife.org
-  Sustain_All_Life
-  @SustainAllLife
-  fb.com/SustainingAllLife



Make art alongside each other for an agreed upon amount of time. Use the *Listening Exchange* tool to notice what you did.

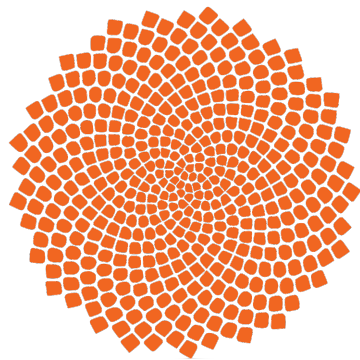


Co-create-special-times offer space and peer support to create the world we want. It allows us to move together.

Co-Create Special Time

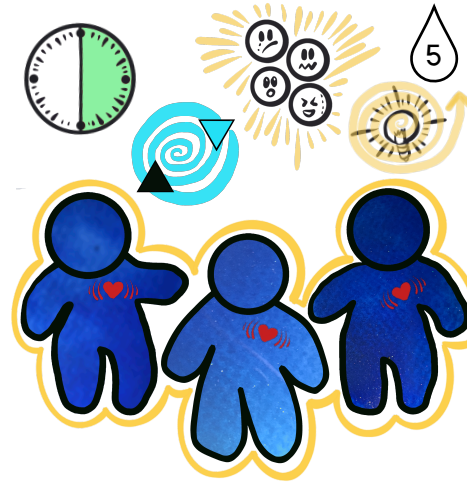


A Basic Guide to a Powerful Practice

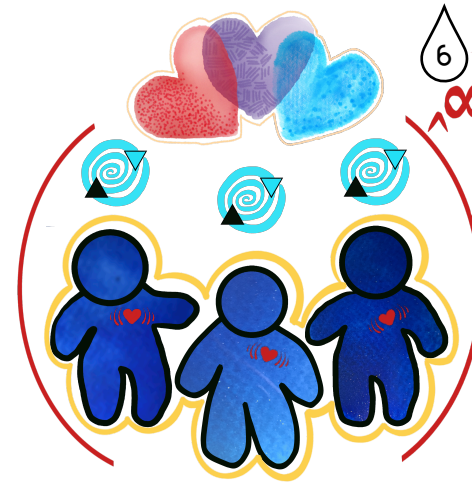


Sustaining All Life

-  SustainingAllLife.org
-  Sustain_All_Life
-  @SustainAllLife
-  fb.com/SustainingAllLife

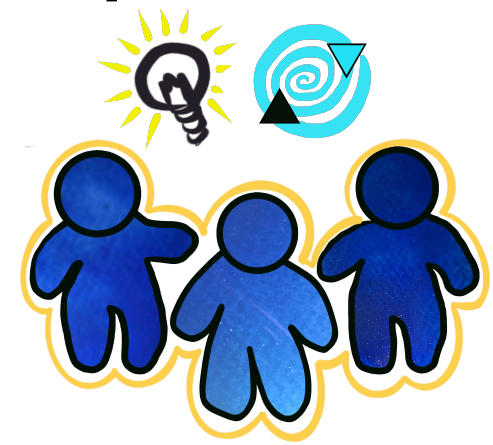


Make art alongside each other for an agreed upon amount of time. Use the *Listening Exchange* tool to notice what you did.

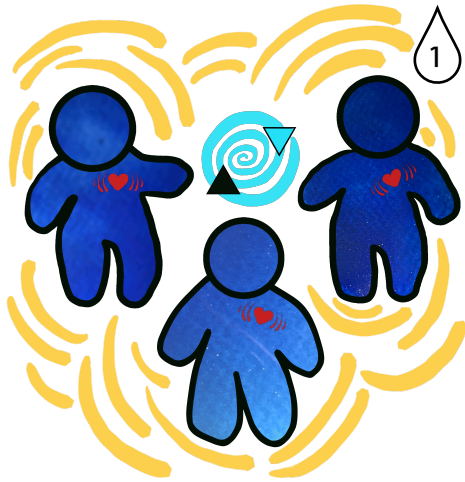


Co-create-special-times offer space and peer support to create the world we want. It allows us to move together.

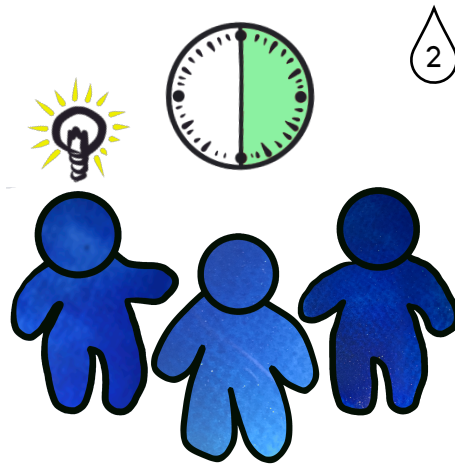
Co-Create Special Time



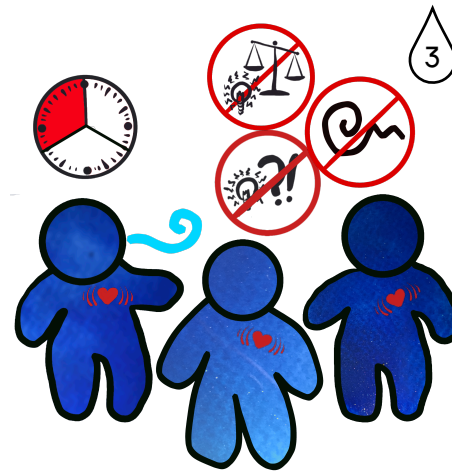
A Basic Guide to a Powerful Practice



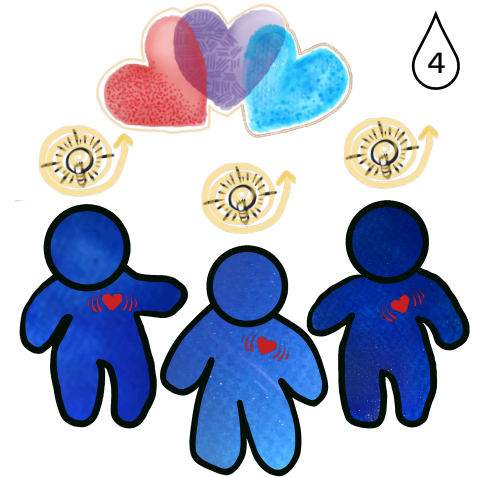
Decide on a special time to use your mind, body and heart to create with one or more interested person(s).



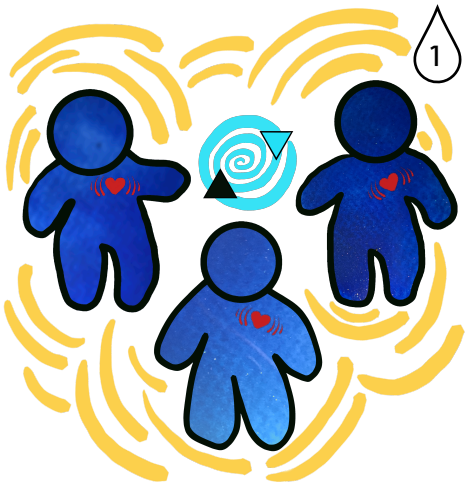
Agree on a leader who will keep track of the co-create process. Decide on the total amount of special time together.



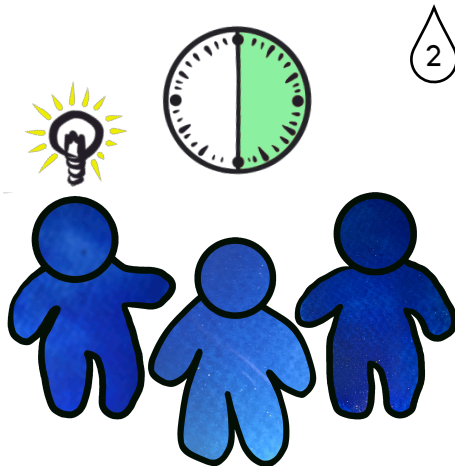
Use the *Listening Exchange* tool to share what you are pleased about your creative practice and art making.



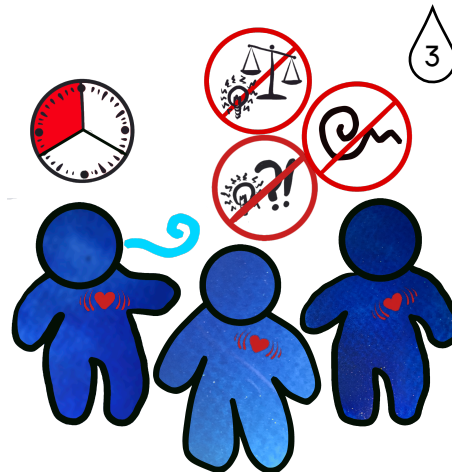
Use the *Think and Listen* tool to set a goal for what you want to use the special time to try, create and make possible.



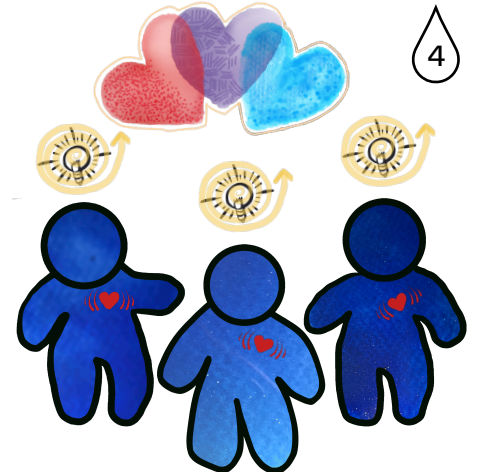
Decide on a special time to use your mind, body and heart to create with one or more interested person(s).



Agree on a leader who will keep track of the co-create process. Decide on the total amount of special time together.



Use the *Listening Exchange* tool to share what you are pleased about your creative practice and art making.



Use the *Think and Listen* tool to set a goal for what you want to use the special time to try, create and make possible.